



## Directory of Seniors' Centres in Alberta

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If you have any questions or require additional information, please call **Alberta Seniors and Community Supports** toll-free 1-800-642-3853 or 780-427-7876 in Edmonton



## Message from the Minister

As the Minister of Seniors and Community Supports, I am pleased to provide you with this *Directory of Seniors' Centres in Alberta*. Seniors are a priority of this government and the directory is one of many initiatives by the provincial government to encourage and support the independence, well-being and inclusion of seniors across the province.

This directory was developed to help seniors and their families access information about programs and services that reduce isolation and support seniors to stay active and involved in their communities.

No matter what our age, belonging to a community contributes to a better quality of life. I encourage seniors to use this directory and discover opportunities available in their communities—join a league or a club, meet interesting people and experience something new.

I am very thankful for the contributions that seniors make to our communities and hope this directory is a useful resource to support a healthy and productive life

Sincerely,

Mary Anne Jablonski  
Minister  
Seniors and Community Supports

## **Directory Criteria**

Seniors' centres included in the directory have met certain criteria. The centres must be not-for-profit and offer at least one on-going service or activity designed for seniors. Only those centres that submitted a completed questionnaire were considered for inclusion in the directory.

## **Keeping Information Current**

The information contained in this document is subject to change. New seniors' centres emerge and others move or disband. Updates will continue to be made to the website version of the directory at [www.seniors.alberta.ca](http://www.seniors.alberta.ca). To request a copy or to offer updates, please contact Alberta Seniors and Community Supports by mail, telephone or fax:

Alberta Seniors and Community Supports  
Seniors Services Division  
Client and Information Services  
Box 3100  
Edmonton, Alberta T5J 4W3

Phone: 1 (800) 642-3853  
Fax: (780) 422-8762

## **Acknowledgements**

Thank you to all the organizations that took the time to provide their information.

## **Note**

The seniors' centre street address is provided when available; however the postal code reflects the mailing address. Please contact the centre for complete mailing address if required.

## Categories Used

Services and programs described in the directory are listed in categories. The centre must offer at least one related service for the category to be listed. The following is a list of the categories with examples:

Service / Category	Description / Examples
Assistance	<ul style="list-style-type: none"> <li>• Assistance with forms (i.e. provincial, income tax)</li> <li>• Referrals for home help (i.e. handyman)</li> <li>• Referrals to other organizations</li> <li>• Legal services (i.e. Commissioner of Oaths)</li> <li>• Advocacy services</li> </ul>
Computer	<ul style="list-style-type: none"> <li>• Computers for member use and / or internet access</li> </ul>
Facility Rental	<ul style="list-style-type: none"> <li>• Facility rental to members and others</li> </ul>
Food	<ul style="list-style-type: none"> <li>• Food (i.e. drop in coffee, cafeteria, dinners)</li> <li>• Food bank, Meals on Wheels, catering services</li> </ul>
Health	<ul style="list-style-type: none"> <li>• Health support clinics (i.e. flu, cholesterol)</li> <li>• Home care (i.e. shopping assistance)</li> <li>• Support services (i.e. counselling, support groups)</li> </ul>
Information	<ul style="list-style-type: none"> <li>• Education services (i.e. guest speakers, displays)</li> <li>• Information services (i.e. resource library)</li> </ul>
Outreach	<ul style="list-style-type: none"> <li>• Friendly visits or calls</li> <li>• Community presentations about the centre</li> </ul>
Recreation	<ul style="list-style-type: none"> <li>• Arts and crafts (i.e. craft classes, painting)</li> <li>• Clubs (i.e. book, travel groups)</li> <li>• Fitness (i.e. walking, tai chi)</li> <li>• Music and theatre (i.e. choir)</li> <li>• Sport and recreation (i.e. curling, board games)</li> <li>• Dance (i.e. line dancing, square dancing)</li> </ul>
Transportation	<ul style="list-style-type: none"> <li>• Volunteer drivers and / or handi-van</li> </ul>
Other	<ul style="list-style-type: none"> <li>• Anything not covered above (i.e. abuse shelter, courses offered, thrift store operated, newsletter distributed)</li> </ul>

To find out more about the exact nature of services and programs offered, please contact the seniors' centre directly.

## ACME

### Acme Seniors Association

412 Main St  
Acme AB, T0M 0A0  
Phone: (403) 546-2154

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Outreach •Recreation

## AIRDRIE

### Airdrie Over 50 Club

275 Jensen Dr NE  
Airdrie AB, T4B 1P7  
Phone: (403) 948-9505  
Email: jimdice@telus.net

Hours: 6 days a week  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation •Other

## ALBERTA BEACH

### Alberta Beach and District Seniors Club

5012 49 Ave  
Alberta Beach AB, T0E 0A0  
Phone: (780) 924-2348

Minimum Age: 50  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

## ASHMONT

### Ashmont Senior Citizens Club

PO Box 255  
Ashmont AB, T0A 0C0  
Phone: (780) 726-3280

Hours: 1:00-4:00 pm one day weekly  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Health •Recreation

## ATHABASCA

### Athabasca & District Senior Citizen's Society

4810 48 St  
Athabasca AB, T9S 1V8  
Phone: (780) 675-2982  
Email: atsenior@telus.net

Hours: 9:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

## BANFF

### Banff Senior Centre

107 Bear St  
Banff AB, T1L 1B9  
Phone: (403) 762-4830  
Fax: (403) 762-4830

Hours: Mon-Fri: 2:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Recreation •Transportation

## BARONS

### Barons Senior Citizen Society

129 Main St  
Barons AB, T0L 0G0  
Phone: (403) 757-2022  
Email: j\_dper@hotmail.com

Hours: Mon, Wed, Fri: Afternoons  
Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## BARRHEAD

### Barrhead & District Senior Citizens Society

5437 49 St  
Barrhead AB, T7N 1A3  
Phone: (780) 674-3251

Hours: Open for events  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## BASHAW

### Bashaw Golden Age Club

5001 50 St  
Bashaw AB, T0B 0H0  
Phone: (780) 372-3801

Hours: Mon, Wed, Thurs, Fri: 1:00-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach  
•Recreation

## BASHAW

### Buffalo Lake Golden Age Club

Main St  
Bashaw AB, T0B 0H0  
Phone: (780) 372-4395

Hours: 9:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## BASSANO

### Bassano Damsiters Drop-In-Centre

202 2 Ave  
Bassano AB, T0J 0B0  
Phone: (403) 641-2119

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

## BAWLF

### Bawlf Senior Citizens Society

212 Hanson St  
Bawlf AB, T0B 0J0  
Phone: (780) 373-3762  
Fax: (780) 373-3762

Hours: Wed: 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

## BEAUMONT

### St Vital Senior's Centre

5204A 50 Ave  
Beaumont AB, T4X 1E3  
Phone: (780) 929-6708

Hours: Mon-Sat: 9:00-11:00 am  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation

## BEAVERLODGE

### Beaverlodge Senior Citizens Association

301 10 St  
Beaverlodge AB, T0H 0C0  
Phone: (403) 354-3000  
Fax: (403) 354-3000

Hours: Mon-Fri  
Minimum Age: 60  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach  
•Recreation

## BEISEKER

### Golden Years Town and Country Club

411 5 St  
Beiseker AB, T0M 0G0  
Phone: (403) 947-2222  
Fax: (403) 947-2540  
Email: vera@lampsozcanada.com

Hours: 12:00-10:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

## BELLEVUE

### Bellecrest Senior Citizens Club

12843 20 Ave  
Bellevue AB, T0K 0C0  
Phone: (403) 564-4920

Minimum Age: 50  
Annual Membership Fee: \$3.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health

## BENTLEY

### Bentley Drop-In Centre

4918 50 Ave  
Bentley AB, T0C 0J0  
Phone: (403) 748-4941  
Email: mmhh@telusplanet.net

Hours: Tues: 2:00-4:00 pm  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Recreation •Transportation

## BERWYN

### Berwyn Golden Age Club

5110 51 St  
Berwyn AB, T0H 0E0  
Phone: (780) 338-3750  
Fax: (780) 338-3750

Hours: Mon-Sat  
Minimum Age: 55  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

## BEZANSON

### Bezanson Golden Years Club

PO Box 178  
Bezanson AB, T0H 0G0  
Phone: (780) 532-6245

Minimum Age: 55  
Annual Membership Fee: \$5.00

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation

## BIG VALLEY

### Big Valley Drop-In Centre

144 Main St  
Big Valley AB, T0J 0G0  
Phone: (403) 876-2650  
Email: hstuber@xplornet.com

Hours: 8:00-10:00 am, 1:00-4:00 pm,  
7:00-10:00 pm  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

## BLACK DIAMOND

### Griffiths Memorial Senior Center

122 Government Rd S  
Black Diamond AB, T0L 0H0  
Phone: (403) 933-7945  
Email: BilFirth@telus.net

Hours: 5 days a week  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

## BLACKFALDS

### Blackfalds Seniors' Cheemo Club

5018 Waghorn St  
Blackfalds AB, T0M 0J0  
Phone: (780) 755-0322

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Outreach •Recreation

## BLACKFOOT

### Blackfoot and District Golden Slippers Association

5202 51 Ave  
Blackfoot AB, T0B 0L0  
Phone: (780) 875-5151

Hours: Tues: 1:00-3:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Information ●Outreach ●Recreation  
●Transportation ●Other

## BON ACCORD

### Jewell Box

4916 52 St  
Bon Accord AB, T0A 0K0  
Phone: (780) 921-2427

Hours: Wed: 1:00-3:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Recreation ●Transportation

## BONNYVILLE

### Bonnyville Senior Citizens Drop-In Centre

4813 47 Ave  
Bonnyville AB, T9N 1M4  
Phone: (780) 826-3619  
Fax: (780) 826-4032

Hours: 12:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation

## BOW ISLAND

### Golden Age Club

210 5 Ave E  
Bow Island AB, T0K 0G0  
Phone: (403) 545-2992

Hours: Mon-Fri: 4 hours per day  
Minimum Age: 70  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Computer ●Food ●Recreation

## BOWDEN

### Bowden Friendship Club

PO Box 496

Bowden AB, T0M 0K0

Phone: (403) 224-2393

Minimum Age: 40

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Recreation •Transportation

## BOYLE

### Boyle & District Seniors Association

PO Box 219

Boyle AB, T0A 0M0

Phone: (780) 689-3977

Hours: Mon-Fri: 1:00-5:00 pm

Minimum Age: 50

Annual Membership Fee: \$15.00

Services: •Facility Rentals •Food •Health •Recreation

## BRAGG CREEK

### Bragg Creek Snowbirds Seniors Fellowship

19 Balsam Ave

Bragg Creek AB, T0L 0K0

Phone: (402) 949-3313

Minimum Age: 50

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation

## BRETON

### Breton Golden Age Center

5020 50 Ave

Breton AB, T0C 0P0

Phone: (780) 696-3894

Minimum Age: 55

Annual Membership Fee: \$6.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

## BROOKS

### Brooks & District Seniors Outreach Society

1D-333 2 St W  
Brooks AB, T1R 1G4  
Phone: (403) 362-4131  
Fax: (403) 362-6736  
Email: seniors.outreach@telus.net  
Website: www.seniorsoutreach.org

Hours: 8:30 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$12.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Transportation •Other

### Prairie Pioneer's Club

511 2 St W  
Brooks AB, T1R 0E8  
Phone: (403) 362-4102

Hours: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

## BRUDERHEIM

### Bruderheim Senior's Drop In Centre

PO Box 344  
Bruderheim AB, T0B 0S0  
Phone: (780) 796-3055  
Fax: (780) 796-3491  
Email: virginia.differenz@shaw.ca

Hours: Mon-Fri: 10:00 am-12:00 pm, 7:00-9:00 pm; Sat-Sun: 1:00-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach  
•Recreation

## BUCK LAKE

### Buck Lake Seniors Citizens Drop-In Center

PO Box 112  
Buck Lake AB, T0C 0T0  
Phone: (780) 388-3044

Minimum Age: 55  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

**BYEMOOR**

**Endmoor Drop-In Society**

PO Box 117  
Byemoor AB, T0J 0L0  
Phone: (403) 579-2282

Minimum Age: 50  
Annual Membership Fee: \$3.00  
Wheelchair Accessible

Services: •Health •Recreation

**CALGARY**

**Aboriginal Seniors Gathering Place**

164-3359 27 St NE  
Calgary AB, T1Y 5E4  
Phone: (403) 270-9351

Hours: Tues, Wed, Thurs: 9:00 am-5:00 pm  
Wheelchair Accessible

Fax: (403) 270-9371

Email: [contact@ghostriverrediscovery.com](mailto:contact@ghostriverrediscovery.com)

Website: [www.ghostriverrediscovery.com](http://www.ghostriverrediscovery.com)

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

**Bowness Seniors Centre**

6422 35 Ave NW  
Calgary AB, T3B 1S6  
Phone: (403) 286-4488

Hours: Mon-Fri: 9:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$18.00  
Wheelchair Accessible

Fax: (403) 202-2695

Email: [bowclub1@telus.net](mailto:bowclub1@telus.net)

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

**Brentwood Community 55+ Group**

1520B Northmount Dr NW  
Calgary AB, T2L 1V3  
Phone: (403) 284-3477

Hours: Wed: 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$12.50  
Wheelchair Accessible

Fax: (403) 284-3951

Email: [brntwdca@telusplanet.net](mailto:brntwdca@telusplanet.net)

Website: [www.brentwoodcommunity.com](http://www.brentwoodcommunity.com)

Services: •Facility Rentals •Recreation

**CALGARY**

**Calgary Chinese Elderly Citizens' Association**

111 Riverfront Ave SW  
Calgary AB, T2P 4Y8  
Phone: (403) 269-6122  
Fax: (403) 269-1951  
Email: cceca@telus.net  
Website: www3.telus.net/cceca

Hours: Mon-Sat: 9:00 am-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Other

**Calgary Vietnamese Canadian Seniors Citizen Association**

1840 47 St SE  
Calgary AB, T2B 1L2  
Phone: (403) 272-2788  
Fax: (403) 272-9830  
Email: caonienvn@shaw.ca;  
vietdcorporation@aol.com

Hours: Mon, Wed, Fri: 1:30-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00

Services: •Computer •Outreach •Recreation

**Confederation Park 55+ Activity Centre**

2212 13 St NW  
Calgary AB, T2M 4P7  
Phone: (403) 289-4780  
Fax: (403) 289-2028  
Email: confedparksrcentre@shaw.ca  
Website:  
www.confederationparkseniorscentre.com

Hours: Mon-Fri: 8:30 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

**Downtown Friendship Centre**

610 8 Ave SE  
Calgary AB, T2G 0M1  
Phone: (403) 262-6342  
Fax: (403) 262-9395  
Email: thecentre@calcna.ab.ca  
Website: www.downtowncentre.ab.ca

Hours: Mon-Fri: 8:00 am-4:00 pm, Sat:  
12:00-5:00 pm  
Minimum Age: 35  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

**CALGARY**

**Dutch-Canadian Club of Calgary**

300-7930 Bowness Rd NW  
Calgary AB, T3B 0H2  
Phone: (403) 247-1232  
Website: dutchclubcalgary.com

Hours: Evenings  
Annual Membership Fee: \$45.00  
Wheelchair Accessible

Services: •Recreation

**Family Leisure Centre Seniors Club**

11150 Bonaventure Dr SE  
Calgary AB, T2J 6R9  
Phone: (403) 256-3710  
Fax: (403) 256-3710  
Email: rleft@shaw.ca  
Website: www.flcseniors.ca

Hours: Mon-Sun: 8:00 am-11:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Outreach •Recreation •Other

**Forge Senior Citizens Club**

Flr 2-4885 Hubalta Rd SE  
Calgary AB, T2A 7R7  
Phone: (403) 288-3371

Hours: 12:00-2:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Food •Health •Recreation •Transportation

**Greater Forest Lawn Senior Citizens' Society**

3425 26 Ave SE  
Calgary AB, T2B 2P2  
Phone: (403) 272-4661  
Fax: (403) 272-6153  
Email: gfls.coord@shawcable.com  
Website: www.gfls.org

Hours: Mon-Thurs: 8:00 am-4:00 pm, Fri:  
8:00 am-12:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Transportation •Other

**Highwood Seniors**

16 Harlow Ave NW  
Calgary AB, T2K 6J7

Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Information •Outreach •Recreation

**CALGARY**

**Huntington Pioneers Association Drop In Centre**

520 78 Ave NW  
Calgary AB, T2K 0S2  
Phone: (403) 275-4294  
Fax: (403) 275-5227  
Email: pioneers50@telus.net

Hours: Tues, Thurs: 10:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: ●Computer ●Recreation

**Inca Senior Citizens Society**

8-4821 West Wind Dr NE  
Calgary AB, T3J 4L4  
Phone: (403) 285-3825  
Fax: (403) 285-3825  
Email: l-singh2007@hotmail.com

Hours: Mon-Sun: 12:00-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00

Services: ●Assistance ●Computer ●Food ●Health ●Information ●Outreach ●Recreation

**Inglewood Silver Threads Association**

1311 9 Ave SE  
Calgary AB, T2G 0T2  
Phone: (403) 264-1006  
Fax: (403) 261-2987  
Email: silthreads@canada.com

Hours: 9:30 am-2:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Food ●Health ●Information ●Outreach ●Recreation

**Kerby Centre**

1133 7 Ave SW  
Calgary AB, T2P 1B2  
Phone: (403) 265-0661  
Fax: (403) 705-3211  
Email: info@kerbycentre.com  
Website: www.kerbycentre.com

Hours: Mon-Fri: 8:00 am-4:30 pm, Shelter:  
24 hours, 7 days a week  
Minimum Age: 55  
Annual Membership Fee: \$18.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Outreach ●Recreation ●Other

**Know Your Neighbor Club**

924 Heritage Dr SW  
Calgary AB, T2V 2W7  
Phone: (403) 225-2362  
Email: hcdoug@telus.net

Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Information

**CALGARY**

**Le Club de l'Amitié**

1717 5 St SW  
Calgary AB, T2S 2A8  
Phone: (403) 285-4766

Hours: Fri: 7:00-10:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

**Open Door Senior Fellowship of Calgary**

1307 4 St SW  
Calgary AB, T2R 0X9  
Phone: (403) 269-7900  
Fax: (403) 269-4916  
Email: odsf@telus.net

Hours: Mon-Fri: 9:00 am-3:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$12.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Information •Outreach •Recreation  
•Transportation

**Parkdale Nifty Fifties Seniors**

3512 5 Ave NW  
Calgary AB, T2N 0V7  
Phone: (403) 283-0620  
Fax: (403) 283-0602  
Email: jeannettet@pdnf.org

Hours: Mon-Fri: 8:00 am-4:00 pm  
Minimum Age: 40  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

**Silver Springs 55 Plus Club**

6440 Silver Ridge Way NW  
Calgary AB, T3B 3X7  
Phone: (403) 288-0598

Hours: Mon: 1:30-4:00 pm  
Minimum Age: 74  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Food •Recreation

**South Fish Creek 50+ Drop In**

100-333 Shawville Blvd SE  
Calgary AB, T2Y 4H3  
Phone: (403) 201-8652  
Fax: (403) 201-8657  
Email: sonya@sfcra.com  
Website: www.sfcra.com

Hours: Fri: 9:00 am-12:00 pm  
Wheelchair Accessible

Services: •Computer •Food •Recreation

**CALGARY**

**Springbank Heritage Club**

244168 Range Rd 33  
Calgary AB, T3Z 2E7  
Phone: (403) 242-9350

Minimum Age: 55  
Annual Membership Fee: \$25.00

Services: •Food •Health •Information •Outreach •Recreation •Transportation

**St Andrew's Heights Community Association**

2504 13 Ave NW  
Calgary AB, T2N 1L8  
Email: president@standrewsheights.ca  
Website: www.standrewsheights.ca

Wheelchair Accessible

Services: •Facility Rentals •Recreation

**The Good Companions 50 Plus Club**

2609 19 Ave SW  
Calgary AB, T3E 0E9  
Phone: (403) 249-6991  
Fax: (403) 246-0754  
Email: goodcompanions50plus@shaw.ca

Hours: 9:00 am-4:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Transportation

**The Salvation Army Glenmore Temple Over 60 Club**

921 68 Ave SW  
Calgary AB, T2V 0N7  
Phone: (403) 253-1700  
Fax: (403) 253-8024  
Email: office@glenmoretemple.com  
Website: www.glenmoretemple.com

Hours: First and third Wed (except Jul and Aug)  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach

**Village Square Seniors Society**

2623 56 St NE  
Calgary AB, T1Y 6E7  
Phone: (403) 285-9280

Hours: Mon: 11:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Outreach •Recreation

**CALGARY**

**West Hillhurst Go-Getters Senior Citizen Association**

1940 6 Ave NW  
Calgary AB, T2N 0W3  
Phone: (403) 283-3720  
Fax: (403) 283-3726

Email: hillhurs@telusplanet.net  
Website: www.westhillhurst.com

Hours: 8:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Outreach ●Recreation ●Transportation

**Wild Rose Seniors**

4411 10 Ave SW  
Calgary AB, T3C 0L9  
Phone: (403) 242-0212

Hours: Tues: 12:45-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Food ●Recreation

**CALMAR**

**Calmar & District Senior Citizens Club**

4916 50 Ave  
Calmar AB, T0C 0V0  
Phone: (780) 985-3117

Minimum Age: 55  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Information ●Outreach ●Recreation  
●Transportation

**CAMROSE**

**Camrose and District Senior Society**

5415 49 Ave  
Camrose AB, T4V 0N6  
Phone: (780) 672-7022  
Fax: (780) 679-0194

Email: camrsoc@cable-lynx.net  
Website: www.camroseseniorentrre.ca

Hours: 8:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Outreach ●Recreation ●Transportation

## CANMORE

### Canmore Seniors Association

600B 9 St  
Canmore AB, T1W 3L9  
Phone: (403) 678-2457  
Email: csassoc@telus.net  
Website:  
www.canmoreseniorsassociation.org

Hours: Mon-Fri: 10:00 am-3:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

## CARBON

### New Horizons Seniors

PO Box 233  
Carbon AB, T0M 0L0

Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Outreach •Recreation

## CARDSTON

### Cardston Seniors Society

260 1 St W  
Cardston AB, T0K 0K0  
Phone: (403) 653-2569  
Fax: (403) 653-2569

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

## CARMANGAY

### Carmangay Senior Citizens Club

415 Grand Ave  
Carmangay AB, T0L 0N0  
Phone: (403) 643-2251  
Email: rickbowhay@netscape.ca

Hours: Tues: 8:00 am-4:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## CAROLINE

### Caroline & District Senior Citizens Drop In Center

5111 49 Ave  
Caroline AB, T0M 0M0  
Phone: (403) 722-3870

Hours: Wed: 1:30-4:00 pm, Third Mon:  
5:00-9:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation ●Transportation ●Other

## CARSTAIRS

### Carstairs & Community Half Century Association

1139 Osler St  
Carstairs AB, T0M 0N0  
Phone: (403) 337-3904

Hours: Tues-Sat: 1:30-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation ●Other

## CASLAN

### Caslan Pioneer Club

PO Box 166  
Caslan AB, T0A 0R0  
Phone: (780) 689-2510

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Food ●Health ●Outreach ●Recreation

## CASTOR

### Castor Golden Circle Club

51 St and 49 Ave  
Castor AB, T0C 0X0  
Phone: (403) 882-2214

Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Recreation ●Transportation

## CEREAL

### Cereal Golden Center Group

213 Main St  
Cereal AB, T0J 0N0  
Phone: (403) 326-3868

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## CHAMPION

### Champion Pioneer Club

119 Main St  
Champion AB, T0L 0R0  
Phone: (403) 897-3983

Minimum Age: 50  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

## CHAUVIN

### Chauvin Seniors Drop-In

PO Box 361  
Chauvin AB, T0B 0V0  
Phone: (780) 858-3960  
Email: psevig@telusplanet.net

Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation  
•Transportation

## CHESTERMERE

### Chestermere Whitecappers Association

201 West Chestermere Dr  
Chestermere AB, T1X 1B2  
Phone: (403) 272-3764  
Fax: (403) 272-3764  
Email: wpeddles@telus.net

Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## CLAIRMONT

### Clairmont and Area Senior Citizen Club

9801 100 Ave  
Clairmont AB, T0H 0W1  
Phone: (780) 567-2121

Hours: 6:30-10:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

## CLANDONALD

### Clandonald Friendship Centre

PO Box 516  
Clandonald AB, T0B 0X0  
Phone: (780) 853-2676  
Fax: (780) 853-2672

Hours: Mon-Fri: 9:00 am-9:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$3.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

## CLARESHOLM

### Heritage Seniors Drop-In Centre

5009 2 St E  
Claresholm AB, T0L 0T0  
Phone: (403) 625-2877  
Fax: (403) 625-2877

Hours: Mon-Sat: 9:00 am-5:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

## CLIVE

### Clive Senior Circle

PO Box 165  
Clive AB, T0C 0Y0  
Phone: (403) 782-2409

Hours: Mon: Afternoons  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Health •Outreach •Recreation

## COALDALE

### Coaldale Senior Citizens Centre

1806 21 Ave  
Coaldale AB, T1M 1E9  
Phone: (403) 345-3508  
Email: walter\_annehuff@shaw.ca

Hours: Mon: 6:30-10.00 pm, Tues, Thurs:  
12:30-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach  
•Recreation

## COALHURST

### Coalhurst 55 Plus Social Society

5205 6 St  
Coalhurst AB, T0L 0V0  
Phone: (403) 381-3736  
Email: jvcoombes@shaw.ca

Hours: Tues: 10:00-11:00 am, Wed: 9:30  
am-9:00 pm, Thurs: 10:00-11:00 am, Fri:  
9:30 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

## COCHRANE

### 50 and Over Club

123 1 Ave  
Cochrane AB, T4C 1A5  
Phone: (403) 932-2625

Hours: Mon-Fri: 10:00 am-12:00 pm, 2:00-  
4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00

Services: •Assistance •Food •Information •Outreach •Recreation

## COLD LAKE

### Cold Lake Senior's Society

1301 8 Ave  
Cold Lake AB, T9M 1P3  
Phone: (780) 639-0065  
Fax: (780) 639-0045  
Email: info@coldlakeseniors.org  
Website: www.townlife.com

Hours: Tues-Fri: 8:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## CORONATION

### Coronation Town and Country Golden Age Club

5001 Royal St  
Coronation AB, T0C 1C0  
Phone: (403) 578-2071  
Fax: (403) 578-2071  
Email: vivian@HitechISP.com

Hours: 2:00-5:00 pm  
Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## COUTTS

### Border Rascals

301 3 St W  
Coutts AB, T0K 0N0  
Phone: (403) 344-3994  
Fax: (403) 344-4010  
Email: edwicks@mrcable.ca

Hours: Thurs: 2:00 pm, Thurs monthly:  
5:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation  
•Transportation

## CREMONA

### Cremona Gold & Silver Society

113 Centre St  
Cremona AB, T0M 0R0  
Phone: (403) 337-2371

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation  
•Transportation

## CROSSFIELD

### Crossfield Golden Key Club

1016 Chisholm Ave  
Crossfield AB, T0M 0S0  
Phone: (403) 946-5152

Hours: Mon-Fri: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Health •Information •Recreation

## DARWELL

### Interlake Golden Age Club

PO Box 132  
Darwell AB, T0E 0L0  
Phone: (780) 892-2457  
Email: edierich41@yahoo.ca

Hours: Tues: 12:00-4:30 pm, Fri: 6:00-11:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$12.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation

## DEBOLT

### DeBolt Pioneer Centre

PO Box 503  
DeBolt AB, T0H 1B0  
Phone: (780) 957-3772

Minimum Age: 50  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Recreation ●Transportation

## DELBURNE

### Delburne & District Drop In Association

PO Box 404  
Delburne AB, T0M 0V0  
Phone: (403) 749-2035

Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Information ●Recreation

## DELIA

### Delia and District Senior Citizens

Main St  
Delia AB, T0J 0W0  
Phone: (403) 364-3964  
Email: onielsen@telusplanet.net

Hours: Tues, Thurs: 9:00 am-12:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: ●Food ●Recreation

## DEVON

### Devon Pioneer 73 Club

29 St. Lawrence Ave  
Devon AB, T9G 1L4  
Phone: (780) 987-2148

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## DEWBERRY

### Dewberry Senior Citizens

91 Railway Ave  
Dewberry AB, T0B 1G0  
Phone: (780) 847-3868  
Email: gmholmen@hmsinet.ca

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## DIDSBURY

### Didsbury & District Seniors Support Services

1811 20 St  
Didsbury AB, T0M 0W0  
Phone: (403) 335-4391  
Fax: (403) 335-3265  
Email: seniors@didsburychamber.ca

Hours: Mon-Fri: 9:30 am-12:30 pm  
Wheelchair Accessible

Services: •Assistance •Health •Information •Outreach •Recreation •Transportation  
•Other

## DIXONVILLE

### Golden Age Inn Club

PO Box 34  
Dixonville AB, T0H 1E0  
Phone: (780) 971-2402  
Fax: (780) 971-2402

Minimum Age: 40  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

## DONALDA

### Donalda Coulee Friendship Club

PO Box 162  
Donalda AB, T0B 1H0  
Phone: (403) 883-2229

Hours: Sat: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

## DONNELLY

### Club Des Pionniers

4918 3 St  
Donnelly AB, T0H 1G0  
Phone: (780) 925-3884

Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## DRAYTON VALLEY

### Senior Citizens' Club of Drayton Valley

5138 52 Ave  
Drayton Valley AB, T7A 1S4  
Phone: (780) 542-4737  
Fax: (780) 542-4737

Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

## DRUMHELLER

### Drumheller Pioneer Trail Society

160 3 Ave W  
Drumheller AB, T0J 0Y0  
Phone: (780) 823-6565

Hours: Mon-Sat: 9:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00

Services: •Assistance •Food •Health •Information •Outreach •Recreation

## EAGLESHAM

### Senior Social Centre Club

Main St  
Eggleham AB, T0H 1H0  
Phone: (780) 359-3782

Hours: Tues: 2:00-4:00 pm, Fri: 7:00-10:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Recreation

## ECKVILLE

### Eckville and District Friendship Club

5011 54 Ave  
Eckville AB, T0M 0X0  
Phone: (403) 746-3120

Hours: Mon-Thurs  
Minimum Age: 18  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

### Eckville Neighbourhood Place

5120 51 Ave  
Eckville AB, T0M 0X0  
Phone: (403) 746-2446  
Fax: (403) 746-2414  
Email: echnp@eastlink.ca

Membership Fee: \$.00

Services: •Assistance •Computer •Health •Information •Recreation

## EDBERG

### Edberg and District Seniors Citizen's Society

56 Main St  
Edberg AB, T0B 1J0  
Phone: (780) 877-2437

Hours: 9:00 am-12:00 pm, Tues, Fri: 9:00  
am-1:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## EDMONTON

### Beverly Active Seniors Society (B.A.S.S.)

4209 111 Ave  
Edmonton AB, T5W 0K3  
Phone: (780) 471-6819  
Email: beverlyactivesrsociety@hotmail.com

Hours: Mon: 7:00-10:00 pm, Tues-Thurs:  
1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

**EDMONTON**

**Calder Seniors Drop-In Centre**

12963 120 St  
Edmonton AB, T5E 5N8  
Phone: (780) 451-1925  
Fax: (780) 452-7537  
Email: [execald@telus.net](mailto:execald@telus.net)  
Website: [www.calderseniors.org](http://www.calderseniors.org)

Hours: 8:30 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00

Services: •Assistance •Food •Health •Information •Outreach •Recreation

**Edmonton Seniors Centre**

3Y-11111 Jasper Ave  
Edmonton AB, T5K 0L4  
Fax: (780) 342-8916  
Email:  
[executive@edmontonseniorscentre.ca](mailto:executive@edmontonseniorscentre.ca)  
Website: [edmontonseniorscentre.ca](http://edmontonseniorscentre.ca)

Hours: Mon-Fri: 9:00 am-4:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

**Grace Lutheran Church Golden Agers**

9907 114 St NW  
Edmonton AB, T5K 1P7  
Phone: (780) 488-7967  
Fax: (780) 488-5675

Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Food •Information

**Heritage Senior's Stop In Centre**

316 Saddleback Rd NW  
Edmonton AB, T6J 4R7  
Phone: (780) 434-5948

Hours: Mon-Sat: 9:00 am-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Outreach •Recreation

**Ital-Canadian Seniors Association**

9111 110 Ave NW  
Edmonton AB, T5H 4J9  
Phone: (780) 424-1255  
Email: [itcansrs@telus.net](mailto:itcansrs@telus.net)  
Website: [www.ital-canadianseniors.org](http://www.ital-canadianseniors.org)

Hours: Mon-Sun: 11:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach  
•Recreation

**EDMONTON**

**Jewish Drop In Centre**

10052 117 St NW  
Edmonton AB, T5T 5M9  
Phone: (780) 488-4241  
Fax: (780) 488-6591  
Email: jdic@shaw.ca

Hours: Mon: 9:00 am-1:00 pm, Tues: 9:00  
am-4:00 pm, Thurs: 9:00 am-3:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Transportation

**La Fédération des Aînés Franco-Albertains**

205-8627 91 St  
Edmonton AB, T6C 3N1  
Phone: (780) 465-8965  
Fax: (780) 468-6535  
Email: bureau@fafalta.ca  
Website: www.fafalta.ca

Hours: Mon-Thurs: 9:30 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Information •Transportation •Other

**Luther Place Seniors**

9009 163 St  
Edmonton AB, T5R 2N8  
Phone: (780) 486-5393  
Fax: (780) 484-9323

Hours: 3rd Wed: 4:00-6:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$3.00  
Wheelchair Accessible

Services: •Food •Health •Recreation •Other

**McCauley Seniors Drop-In**

9526 106 Ave NW  
Edmonton AB, T5H 0N2  
Phone: (780) 429-2626  
Fax: (780) 429-2629  
Email: gail@ofss.org  
Website: www.ofss.org

Hours: Mon-Fri: 8:00 am-6:30 pm, Sat-  
Sun: 10:30 am-6:30 pm  
Minimum Age: 55  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Transportation •Other

## EDMONTON

### Native Seniors Centre

Cottage E-10107 134 Ave  
Edmonton AB, T5E 5J5  
Phone: (780) 476-6595  
Email: nsctr@telus.com  
Website: www.nativeseniorscentre.ca

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation  
•Transportation

### New Horizon Club

9115 75 St NW  
Edmonton AB, T6C 4L3  
Phone: (780) 469-6846  
Website: www.edmontontemple.com

Hours: Tues-Fri: 9:00 am-4:00 pm  
Minimum Age: 65  
Wheelchair Accessible

Services: •Information •Outreach

### North Edmonton Seniors Association

7524 139 Ave NW  
Edmonton AB, T5C 3H7  
Phone: (780) 496-6969  
Fax: (780) 496-4707  
Email: wendy.zell@edmonton.ca  
Website: www.nesa1.ca

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$30.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

### Petrolia Seniors

3803 114 St  
Edmonton AB, T6J 1M3  
Phone: (780) 434-9761  
Email: LiLianm@shaw.ca

Wheelchair Accessible

Services: •Food •Other

### Polish Canadian Congress

10647 67 St  
Edmonton AB, T6A 2R9  
Phone: (780) 469-7232

Services: •Assistance •Outreach

**EDMONTON**

**Pride Centre of Edmonton**

9540 111 Ave  
Edmonton AB, T5G 0A5  
Phone: (780) 488-3240  
Fax: (780) 482-2855

Email: [jeff@pridecentreofedmonton.org](mailto:jeff@pridecentreofedmonton.org)  
Website: [www.pridecentreofedmonton.org](http://www.pridecentreofedmonton.org)

Hours: Mon-Sun 1:00-10:00 pm, Special  
Seniors Days: Tues, Thurs: 1:00-5:00 pm  
Minimum Age: 55  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Other

**Seniors Association of Greater Edmonton (SAGE)**

15 Sir Winston Churchill Sq NW  
Edmonton AB, T5J 2E5  
Phone: (780) 423-5510  
Fax: (780) 426-5175  
Email: [info@mysage.ca](mailto:info@mysage.ca)  
Website: [www.mysage.ca](http://www.mysage.ca)

Hours: Mon-Fri: 8:00 am-4:15 pm  
Annual Membership Fee: \$21.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Other

**Seniors Caring About Seniors**

106-7814 83 St  
Edmonton AB, T6C 2Y8  
Phone: (780) 465-0311  
Fax: (780) 461-7809  
Email: [sscas@telus.net](mailto:sscas@telus.net)  
Website: [www.sscas.com](http://www.sscas.com)

Hours: Mon-Fri: 10:00 am-4:00 pm  
Minimum Age: 65  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Transportation

**Seniors Stop In Centre**

270-3210 118 Ave NW  
Edmonton AB, T5W 4W1  
Phone: (780) 474-4337

Hours: Mon-Fri: 10:00 am-3:00 pm  
Minimum Age: 55  
Wheelchair Accessible

Services: •Assistance •Food •Information •Recreation

**EDMONTON**

**South East Edmonton Seniors Association**

9350 82 St  
Edmonton AB, T6C 2X8  
Phone: (780) 468-1985  
Fax: (780) 440-6272  
Email: info@seesa.ca  
Website: www.seesa.ca

Hours: Mon-Fri: 8:30 am-4:30 pm, evening programs  
Minimum Age: 55  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Other

**South-West Seniors Outreach Society**

10832 62 Ave NW  
Edmonton AB, T6H 1N1  
Phone: (780) 435-9515  
Fax: (780) 435-9515  
Email: swseniors@telus.net

Hours: Tues-Thurs: 9:00 am-3:00 pm (mid Sept-mid June)  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

**Strathcona Place Senior Centre**

10831 University Ave  
Edmonton AB, T6E 4R1  
Phone: (780) 433-5807  
Fax: (780) 433-5282  
Email: contact@seniorcentre.org  
Website: www.seniorcentre.org

Hours: Mon-Fri: 9:00 am-4:00 pm  
Minimum Age: 60  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Other

**Towne Centre Seniors Drop In**

308-2331 66 St NW  
Edmonton AB, T6K 4B4  
Phone: (780) 461-5230

Hours: Mon-Sat: 10:00 am-3:30 pm  
Minimum Age: 55  
Wheelchair Accessible

Services: •Food •Health

**West Jasper Sherwood Senior Citizens Club**

9620 152 St  
Edmonton AB, T5R 1R3  
Phone: (780) 489-6369

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Information •Recreation •Transportation

**EDMONTON**

**Westend Seniors Activity Centre**

9629 176 St  
Edmonton AB, T5T 6B3  
Phone: (780) 483-1209  
Fax: (780) 484-7738  
Email: weseniors@westendseniors.com  
Website:  
www.westendseniorsactivitycentre.com

Hours: Mon-Fri: 9:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Outreach ●Recreation ●Transportation ●Other

**EDSON**

**Edson and District Oldtimer's Recreation Centre Society**

4836 7 Ave  
Edson AB, T7E 1K8  
Phone: (780) 723-5777  
Fax: (780) 723-5777

Hours: Mon-Fri: 10:00 am-3:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Outreach ●Recreation

**ELK POINT**

**Pioneer Circle Elk Point Alberta**

5010 48 St  
Elk Point AB, T0A 1A0  
Phone: (780) 724-3800  
Fax: (780) 724-4303  
Email: epfcss@telusplanet.net

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Recreation

**ELNORA**

**Elnora Pioneer Club**

428 3 Ave  
Elnora AB, T0M 0Y0  
Phone: (403) 773-3711

Hours: Daily  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Information ●Recreation

## EMPRESS

### Empress Friendship Centre

Centre St  
Empress AB, T0J 1E0  
Phone: (403) 565-2068

Hours: Mon, Wed, Fri: 7:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Recreation  
•Transportation

## ENCHANT

### Enchant Senior Citizens

131 Centre St  
Enchant AB, T0K 0V0  
Phone: (403) 739-3951

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach

## ENTWISTLE

### Entwistle Seniors 55 Plus Club

PO Box 471  
Entwistle AB, T0E 0S0  
Phone: (780) 727-2918

Hours: Tues, Fri: 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

## FAIRVIEW

### Fairview Golden Age Society

10307 110 St  
Fairview AB, T0H 1L0  
Phone: (780) 835-2515

Hours: Mon-Fri: 1:00-3:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Food •Information •Recreation

## FALHER

### Club Alouette Falher

101 Main St  
Falher AB, T0H 1M0  
Phone: (780) 925-2228  
Fax: (780) 837-3325  
Email: clubalou@telus.net

Hours: 9:00 am-5:30 pm  
Minimum Age: 45  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

## FALUN

### Falun & District Senior Citizen's Club

PO Box 7  
Falun AB, T0C 1H0  
Phone: (780) 352-3073  
Fax: (780) 352-3073

Hours: Tues: 7:00-9:30 pm, Wed: 1:00-3:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## FAUST

### Faust Silver And Gold

23 and Centre St  
Faust AB, T0G 0X0  
Phone: (780) 355-3566  
Fax: (780) 355-2493

Minimum Age: 70  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Recreation

## FAWCETT

### Fawcett Senior Citizens Centre

PO Box 24  
Fawcett AB, T0G 0Y0  
Phone: (780) 954-3886

Hours: Mon: 1:00-4:00 pm, Sat: 9:00 am-5:00 pm, 6:00-10:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

## FERINTOSH

### Little Beaver "Hi-U" Senior Centre

203 Glenmuir Ave  
Ferintosh AB, T0B 1M0  
Phone: (780) 877-3998

Hours: Mon-Sat  
Minimum Age: 35  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

## FLATBUSH

### Flatbush Silver Threads

C/O Emil Schiller, Box 117  
Flatbush AB, T0G 0Z0  
Phone: (780) 681-3782  
Fax: (780) 681-3782

Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## FOREMOST

### Foremost Senior Citizens Centre

103 1 Ave E  
Foremost AB, T0K 0X0  
Phone: (403) 867-3969

Hours: 10:00-11:00 am  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Food •Recreation •Transportation

## FORESTBURG

### Forestburg Golden Age Club

Big Knife Villa, 4401 47 St  
Forestburg AB, T0B 1N0  
Phone: (780) 582-3941

Hours: Mon-Sat: 9:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation  
•Transportation

## FORT ASSINIBOINE

### Fort Assiniboine Friendship Club

PO Box 32  
Fort Assiniboine AB, T0G 1A0  
Phone: (780) 584-2536

Hours: July-August: 11:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation •Other

## FORT KENT

### Fort Kent Senior Citizens Club

Main St  
Fort Kent AB, T0A 1H0  
Phone: (780) 826-5546

Minimum Age: 50  
Membership Fee: \$100.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## FORT MACLEOD

### Senior Citizens Welcome Mat

239 24 St  
Fort MacLeod AB, T0L 0Z0  
Phone: (403) 553-2179  
Email: bamawf@yahoo.com

Hours: Mon-Sat: 9:30 am-12:00 pm, 1:30-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation  
•Transportation

## FORT MCMURRAY

### Fort McMurray Golden Years Activity Centre

10111 Main St  
Fort McMurray AB, T9H 2G6  
Phone: (780) 743-4088  
Fax: (780) 743-5063  
Email: gys.1976@shawbiz.ca  
Website: gys.tamarisk.ab.ca

Hours: Mon-Fri: 9:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Recreation •Transportation

## FORT VERMILION

### Fort Vermilion Senior's Drop In Centre

4801 River Rd  
Fort Vermilion AB, T0H 1N0  
Phone: (780) 927-4898

Hours: Mon, Wed, Fri: 1:00-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

## FOX CREEK

### Fox Creek Golden Circle Club

PO Box 998  
Fox Creek AB, T0H 1P0  
Phone: (403) 622-3794

Hours: Thurs, Fri: 7:00-10:00 pm  
Minimum Age: 50  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## GIBBONS

### Gibbons Seniors Twilight Club

4539 49 St  
Gibbons AB, T0A 1N0  
Phone: (780) 923-2030  
Fax: (780) 923-2050

Hours: Mon-Fri: 8:30 am-12:00 pm, Mon-  
Thurs: Evenings  
Minimum Age: 50  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

## GIROUXVILLE

### Club Etoile D'Age D'Or De Girouxville

PO Box 334  
Girouxville AB, T0H 1S0  
Phone: (780) 323-4850

Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## GLENDON

### Glendon & District Senior Citizens Club

23, 1 Ave and 1 St E  
Glendon AB, T0A 1P0  
Phone: (780) 635-3768  
Fax: (780) 635-4033  
Email: pdoonanco@mcsnet.ca

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation  
•Other

## GLENWOOD

### Aged Cheese Country Club

90 Main Ave  
Glenwood AB, T0K 2R0  
Phone: (403) 626-3690  
Fax: (403) 626-3234

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Recreation

## GRANDE CACHE

### Big Horn Golden Age Club

9704 104 St  
Grande Cache AB, T0E 0Y0  
Phone: (780) 827-2373  
Fax: (780) 827-3113  
Email: denniswj@telus.net

Hours: 7 days a week  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

## GRANDE PRAIRIE

### Grande Prairie & District Golden Age Centre

10222 101 Ave  
Grande Prairie AB, T8V 0Y5  
Phone: (780) 532-5818  
Fax: (780) 532-5970  
Email: gpgac@telus.net

Hours: 8:30 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## GRANUM

### Granum Drop-In

306 Railway Ave  
Granum AB, T0L 1A0  
Phone: (403) 687-3840  
Fax: (403) 687-3840  
Email: granumdropin@shaw.ca

Hours: Mon-Fri: 7:00 am-12:00 pm, 2:00-5:00 pm, Sat: 7:00 am-12:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information  
●Outreach ●Recreation

## GRIMSHAW

### New Horizons Drop-In Center

5004 50 Ave  
Grimshaw AB, T0H 1W0  
Phone: (780) 332-1412

Hours: 1:00-5:00 pm  
Minimum Age: 18  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation

## GROUARD

### Grouard Seniors Community Club

60A Mission St  
Grouard AB, T0G 1C0  
Phone: (780) 751-2039  
Email: arlette1@telus.net

Hours: Wed: 10:00 am-2:00 pm, Third  
Wed: 4:00-8:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation ●Transportation ●Other

## GWYNNE

### Crooked Lake Senior Citizen's Club

C/O Mable Glaser, GD  
Gwynne AB, T0C 1L0  
Phone: (780) 352-3587

Minimum Age: 60  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Information ●Outreach ●Recreation

## HARDISTY

### Hardisty Drop-In Centre

5003 50 St  
Hardisty AB, T0B 1V0  
Phone: (780) 888-2222  
Fax: (780) 888-3598  
Email: lizden@xplornet.com

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Recreation

## HAY LAKES

### Hay Lakes Senior Citizens Club

110 Main St  
Hay Lakes AB, T0B 1W0  
Phone: (780) 878-3316  
Fax: (780) 878-3943  
Email: wendy.rick@syban.net

Hours: Wed: 12:00-4:00 pm, Fri: 7:00-10:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## HEINSBURG

### Heinsburg Riverview Seniors'

PO Box 62  
Heinsburg AB, T0A 1X0  
Phone: (780) 943-3935  
Email: acac4sc@telus.net

Hours: Thurs: 7:00-10:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

## HEISLER

### Heisler Seniors Friendship Centre

Main St  
Heisler AB, T0B 2A0

Hours: Wed, Thurs  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

## HIGH PRAIRIE

### High Prairie Golden Age Club

PO Box 435  
High Prairie AB, T0G 1E0  
Phone: (780) 523-3142

Hours: Tues-Fri: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Transportation

## HIGH RIVER

### High River Seniors Friendship Centre

504 7 St SW  
High River AB, T1V 1B7  
Phone: (780) 652-4149  
Email: sk.rowland@shaw.ca

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

## HILL SPRING

### Hill Spring Cultural Society

11 2 Ave S  
Hill Spring AB, T0K 1E0  
Phone: (780) 626-3706  
Fax: (403) 626-3089  
Email: nonavee@jrtwave.com

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

## HINES CREEK

### Hines Creek Drop-In Center

920 2 Ave  
Hines Creek AB, T0H 2A0  
Phone: (780) 494-3690  
Fax: (780) 494-3605  
Email: lwalmsley@hinescreek.com  
Website: www.hinescreek.com

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation

## HINTON

### Hinton Good Companions

250 Hardisty Ave  
Hinton AB, T7V 1B9

Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## HOLDEN

### Holden Senior Club

4914 50 St  
Holden AB, T0B 2C0  
Phone: (780) 632-6814  
Fax: (780) 632-6814

Minimum Age: 55  
Annual Membership Fee: \$30.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

## HUSSAR

### Hussar Sundowners Seniors Club

120 Center St  
Hussar AB, T0J 1S0  
Phone: (403) 787-2429  
Email: brucekaufman@telusplanet.net

Hours: 7:00-9:30 am, Mon: 2:00-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Recreation

## HYPHE

### Hythe Golden Age Craft Center

10112 100 St  
Hythe AB, T0H 2C0  
Phone: (780) 356-2533

Hours: Thurs: 10:00 am-2:00 pm, 7:00-10:00 pm  
Minimum Age: 60  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

## INNISFAIL

### Innisfail Seniors Drop-In Center

5049 53 St  
Innisfail AB, T4G 1S7  
Phone: (403) 227-6005  
Email: jamjam1@telus.net

Minimum Age: 55  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Assistance •Information •Outreach •Recreation

## INNISFREE

### Innisfree Senior Centre

PO Box 73  
Innisfree AB, T0B 2G0  
Phone: (780) 592-2226

Hours: 10:00 am-3:00 pm  
Minimum Age: 65  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

## IRMA

### Irma New Horizons Drop-In Center

4913 50 Main St  
Irma AB, T0B 2H0  
Phone: (780) 754-3417

Hours: Mon-Fri: 2:00-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$50.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## IRRICANA

### KIK Senior Citizens Club

519 5 St  
Irricana AB, T0M 1B0  
Phone: (403) 935-5506  
Email: lynndb@efirehose.net

Hours: Wed  
Minimum Age: 50  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## IRVINE

### Irvine & District New Horizons Senior Club

Main St  
Irvine AB, T0J 1V0  
Phone: (403) 527-1756  
Fax: (403) 937-2123

Hours: Tues: 5:30-10:30 pm, Thurs: 7:00-10:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Outreach •Recreation

## ISLAY

### Islay 50 - 100 Club

5035 50 St  
Islay AB, T0B 2J0  
Phone: (780) 744-3970

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Information •Recreation

## JARVIE

### Jarvie Community Drop-In Center

General Delivery  
Jarvie AB, T0G 1H0  
Phone: (780) 954-3928

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

## JASPER

### Jasper Senior's Society

303 Pyramid Ave  
Jasper AB, T0E 1E0  
Phone: (780) 852-3447

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation  
•Transportation

## JOUSSARD

### Joussard Homesteaders Society

PO Box 12  
Joussard AB, T0G 1J0  
Phone: (780) 776-3781

Minimum Age: 50  
Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## KILLAM

### Killam Senior Citizens Society

4929 50 St  
Killam AB, T0B 2L0

Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## KINUSO

### Kinuso Seniors Center

PO Box 117

Kinuso AB, T0G 1K0

Phone: (780) 775-2135

Minimum Age: 55

Annual Membership Fee: \$2.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## KITSCOTY

### Kitscoty and District Seniors Centre

4921 50 Ave

Kitscoty AB, T0B 2P0

Phone: (780) 846-2629

Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

## LA COREY

### Willow Prairie Senior Citizens Club

PO Box 78

La Corey AB, T0A 2E0

Phone: (780) 826-5374

Hours: 12:00-4:00 pm

Minimum Age: 50

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

## LA CRETE

### La Crete Seniors Inn Society

10014 99 Ave

La Crete AB, T0H 2H0

Phone: (780) 928-2243

Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Health •Recreation

## LA GLACE

### Twilight Centre of La Glace

9936 97 St

La Glace AB, T0H 2J0

Phone: (780) 568-4250

Fax: (780) 568-4707

Minimum Age: 60

Annual Membership Fee: \$1.00

Wheelchair Accessible

Services: •Facility Rentals •Health •Information •Outreach •Recreation  
•Transportation

## LACOMBE

### Lacombe Kozy Korner Community Centre

5024 53 St  
Lacombe AB, T4L 1J6  
Phone: (403) 782-3827

Hours: 9:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

## LAMONT

### Lamont New Horizons Seniors Drop In Centre

5203 52 St  
Lamont AB, T0B 2R0  
Phone: (780) 895-2014  
Fax: (780) 895-2014

Hours: Daily: 1:00-4:00 pm, Mon, Tues,  
Thurs: 10:00-11:00 am, Tues: 7:00-9:00  
pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## LAVOY

### Senior Citizen Golden Centre of Lavoy

PO Box 3  
Lavoy AB, T0B 2S0  
Phone: (780) 658-2427  
Fax: (780) 658-2571  
Email: jj1961@rjvnet.ca

Hours: Tues, Thurs: 2:00-5:00 pm, Sat:  
7:00-11:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Recreation

## LEDUC

### Leduc & District Senior Citizens Club

4907 46 St  
Leduc AB, T9E 5V9  
Phone: (780) 986-6160  
Email: telfordhouse@shaw.ca

Hours: Mon-Fri  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## LEGAL

### Club 60 Roses

5305 46 St  
Legal AB, T0G 1L0  
Phone: (780) 961-3041  
Fax: (780) 961-3435

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## LESLIEVILLE

### Leslieville Leisure Club

PO Box 184  
Leslieville AB, T0M 1H0  
Phone: (403) 729-3895

Hours: Tues: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Recreation

## LETHBRIDGE

### Lethbridge Senior Citizens Organization

500 11 St S  
Lethbridge AB, T1J 4G7  
Phone: (403) 320-2222  
Fax: (403) 320-2762  
Email: rmiyashlro@lethseniors.com  
Website: www.lethseniors.com

Hours: Mon-Fri: 8:00 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$45.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

### Nord-Bridge Senior Citizens Association

1904 13 Ave N  
Lethbridge AB, T1H 4W9  
Phone: (403) 329-3222  
Fax: (403) 329-8824  
Email: friendly@nordbridge.com  
Website: www.nordbridgeseniors.com

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$45.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation •Other

## LETHBRIDGE

### Readymade 50 Plus Club

PO Box 761  
Lethbridge AB, T1J 3Z6  
Phone: (403) 345-3823  
Email: jmttemp@shockware.com

Minimum Age: 50  
Annual Membership Fee: \$10.00

Services: •Assistance •Food •Health •Information •Recreation

### Tonarigumi Lethbridge and District Japanese Senior Citizens Drop In Centre

470 40 St S  
Lethbridge AB, T1J 3Z5  
Phone: (403) 327-1260  
Fax: (403) 327-7587  
Email: yasuo123@telus.net

Hours: Tues: 12:00-4:00 pm  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

## LINDEN

### Linden Seniors Care & Share

1 St SE  
Linden AB, T0M 1J0  
Phone: (403) 546-2243  
Fax: (403) 546-0023

Hours: Tues: 10:00 am-12:00 pm, Wed:  
7:00-10:00 pm, Thurs: 1:00-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

## LLOYDMINSTER

### Legacy Centre

5101 46 St  
Lloydminster AB, T9V 3B8  
Phone: (780) 875-4584  
Fax: (780) 875-4582  
Email: legacyc@telus.net

Hours: 8:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach  
•Recreation

## LOMOND

### Lomond Sunshine Drop-In Centre

115 1 St S  
Lomond AB, T0L 1G0  
Phone: (403) 792-3748  
Fax: (403) 792-3949  
Email: thalhcs@wildroseinternet.ca

Hours: 9:30-11:00 am, Mon, Wed: 7:00-10:00 pm  
Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## LOUGHEED

### Lougheed Seniors' Welcome Club

5014 50 St  
Lougheed AB, T0B 2V0  
Phone: (780) 386-2293

Hours: Mon, Wed: afternoons, Fri: evenings  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## MALLAIG

### Mallaig & District Senior Citizens Club

PO Box 136  
Mallaig AB, T0A 2K0  
Phone: (780) 645-5881

Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Health •Recreation

## MANNING

### Seniors Citizens of Star Centre

PO Box 577  
Manning AB, T0H 2M0  
Phone: (780) 836-3750

Minimum Age: 55  
Annual Membership Fee: \$5.00

Services: •Facility Rentals •Food •Information •Outreach •Recreation

## MANNVILLE

### Mannville Senior Citizen's Golden Age Club

5035 50 St  
Mannville AB, T0B 2W0  
Phone: (780) 763-3556

Hours: Mon-Sun: 9:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

## MARWAYNE

### Marwayne Senior Citizens Society

Main St  
Marwayne AB, T0B 2X0  
Phone: (780) 847-2589  
Email: phoebevines@hotmail.com

Hours: Wed: afternoons  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

## MAYERTHORPE

### Mayerthorpe Friendship Center

4909 52 St  
Mayerthorpe AB, T0E 1N0  
Phone: (780) 786-4153

Hours: Mon-Fri: 9:30 am-12:00 pm  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

## MCLENNAN

### McLennan Golden Age Club

10 3 Ave NE  
McLennan AB, T0H 2L0  
Phone: (780) 324-2123

Hours: 7:30 am-12:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

## MEDICINE HAT

### Veiner Centre

225 Woodman Ave SE  
Medicine Hat AB, T1A 3H2

Phone: (403) 529-8383

Fax: (403) 529-8382

Email: veiner@medicinehat.ca

Website: www.medicinehat.ca/veiner

Hours: Mon-Fri: 8:00 am-4:00 pm

Minimum Age: 50

Annual Membership Fee: \$30.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

## MILK RIVER

### Milk River and District Seniors Society

229 Main St NW  
Milk River AB, T0K 1M0

Phone: (403) 647-2411

Email: khskipp@mrcable.ca

Minimum Age: 60

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## MILLET

### Millet and District Seniors

Millet Legion #229, 5156 50 Ave  
Millet AB, T0C 1Z0

Phone: (780) 387-4216

Hours: 2nd Wed: 1:00-3:00 pm

Minimum Age: 50

Annual Membership Fee: \$2.00

Wheelchair Accessible

Services: •Food •Health

## MORINVILLE

### Morinville Seniors' Rendez-Vous Centre

9913 104 St  
Morinville AB, T8R 1R9  
Phone: (780) 939-2727

Fax: (780) 939-7796

Email: msrvc@telus.net

Website: www.morinilleseniorsclub.org

Minimum Age: 50

Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## MULHURST BAY

### Mulhurst Seniors

5705 49 St  
Mulhurst Bay AB, T0C 2C0  
Phone: (780) 389-2448

Hours: Wed: 1:00-4:00 pm, every third  
Thurs: 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$3.00  
Wheelchair Accessible

Services: •Health •Information •Outreach •Recreation

## MUNDARE

### Mundare Senior Citizens Club

5224 50 St  
Mundare AB, T0B 3H0  
Phone: (780) 764-3959

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation

## MYRNAM

### Myrnam Senior Citizens Centre

5006 49 St  
Myrnam AB, T0B 3K0  
Phone: (403) 366-3731  
Email: myrnamseniors@mcsnet.ca

Hours: Mon, Thurs: 1:00-3:30 pm, Wed:  
6:30-9:30 pm, Sun: 7:00-10:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

## NAMAO

### Namao 60+ Club

Mailing Address: 236-13441 127 St  
Edmonton AB, T5L 5B6  
Phone: (780) 455-5041  
Fax: (780) 939-2893

Hours: First and Third Thurs: 1:00-4:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$2.00  
Wheelchair Accessible

Services: •Assistance •Food •Outreach •Recreation •Transportation

## NAMPA

### Nampa Golden Pioneers Drop-In Center

10203 100 Ave  
Nampa AB, T0H 2R0  
Phone: (780) 322-2373

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation  
•Transportation

## NANTON

### Town and Country Kosy Korner

2211 20 St  
Nanton AB, T0L 1R0  
Phone: (403) 646-2384

Hours: Mon-Fri: 9:00 am-12:00 pm, 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## OKOTOKS

### Okotoks & District Seniors Club

204 Community Way  
Okotoks AB, T1S 1B3  
Phone: (403) 995-4107  
Email: oktosen1@telus.net

Hours: Mon-Fri: 10:00 am-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation •Other

## OLDS

### Olds and District Evergreen Seniors Club

5237 52 St  
Olds AB, T4H 1H7  
Phone: (403) 556-8515  
Email: cbullick@telus.net

Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach  
•Recreation •Transportation

## ONOWAY

### **Onoway Golden Club**

5123 49 Ave  
Onoway AB, T0E 1V0  
Phone: (780) 967-0475

Hours: Tues: 12:00-7:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Recreation

## OYEN

### **Oyen & District Seniors Recreation Centre**

219 2 St W  
Oyen AB, T0J 2J0  
Phone: (403) 664-2115

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Recreation  
•Transportation

## PEACE RIVER

### **Peace River Seniors Citizens Club**

PO Box 5173  
Peace River AB, T8S 1R8  
Phone: (780) 624-2700  
Fax: (780) 624-2700

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## PEERS

### **Peers Silver Threads Club**

PO Box 202  
Peers AB, T0E 1W0  
Phone: (780) 693-3787  
Email: lnordell@xplornet.com

Minimum Age: 55  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

## PENHOLD

### Penhold and District Senior Citizens Drop In Centre

3001 Minto St  
Penhold AB, T0M 1R0  
Phone: (403) 886-2999

Hours: Tues, Thurs: 2:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Recreation

## PICTURE BUTTE

### Picture Butte Happy Oldtimers

607 Highway Ave  
Picture Butte AB, T0K 1V0  
Phone: (403) 732-4481  
Email: aebranch@shaw.ca

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation  
•Transportation

## PINCHER CREEK

### Fred Huddlestun Senior Citizens Centre

867 Main St  
Pincher Creek AB, T0K 1W0  
Phone: (403) 627-4519  
Email: ccbrown@shaw.ca

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Information •Outreach •Recreation

## PLAMONDON

### Plamondon Pioneer Club

PO Box 560  
Plamondon AB, T0A 2T0  
Phone: (780) 798-3239  
Email: dmenard@mcsnet.ca

Minimum Age: 45  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

## PROVOST

### Provost Senior Citizen's Society

PO Box 431  
Provost AB, T0B 3S0  
Phone: (780) 753-2732  
Email: Ruthis@telus.net

Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

## RAYMOND

### Raymond and District Seniors Centre

PO Box 134  
Raymond AB, T0K 2S0  
Phone: (403) 752-3222  
Email: ross@pudge.ca

Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## RED DEER

### Golden Circle Senior Resource Centre

4620 47 Ave  
Red Deer AB, T4N 6C3  
Phone: (403) 343-6074  
Fax: (403) 343-7977  
Email: info@goldencircle.ca  
Website: www.goldencircle.ca

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 18  
Annual Membership Fee: \$20.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

### The Red Deer Senior Citizen's Downtown House

5414 43 St  
Red Deer AB, T4N 1C9  
Phone: (403) 346-4043  
Fax: (403) 346-4043  
Email: scitizen@telus.net

Hours: Mon-Fri: 9:00 am-4:00 pm  
Minimum Age: 18  
Annual Membership Fee: \$12.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation  
•Transportation

## REDWATER

### Redwater & District Pioneer Club

4916 50 St  
Redwater AB, T0A 2W0  
Phone: (780) 942-3326  
Fax: (780) 942-3326

Hours: Mon, Thurs: 8:30-10:30 am, Tues,  
Thurs: 1:30-3:30 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

## RIMBEY

### Rimbey & District Drop-In Centre

5101 53 Ave  
Rimbey AB, T0C 2J0  
Phone: (403) 843-2012

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## ROCHESTER

### Rochester Golden Age Club

PO Box 183  
Rochester AB, T0G 1Z0  
Phone: (780) 698-2447

Hours: Mon: 1:00-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## ROCKYFORD

### Rockyford Friendship Club

111 Main St  
Rockyford AB, T0J 2R0  
Phone: (403) 533-2155

Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

## ROLLING HILLS

### Rolling Hills Senior Citizens Club

PO Box 57  
Rolling Hills AB, T0J 2S0  
Phone: (403) 964-2425

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Outreach •Recreation

## ROSEMARY

### Rosemary New Horizons

Centre St  
Rosemary AB, T0J 2W0  
Phone: (403) 378-4266  
Email: wiebevl@telus.net

Minimum Age: 55  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Information •Recreation

## RYCROFT

### Rycroft Merry Pioneers

4717 50 St  
Rycroft AB, T0H 3A0  
Phone: (780) 765-3060  
Email: medika@telus.net

Hours: Mon-Sat: 9:00 am-5:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach  
•Recreation

## SANGUDO

### Sangudo Golden Club

4927 50 Ave  
Sangudo AB, T0E 2A0  
Phone: (780) 785-3744

Hours: Mon: 10:00 am-12:00 pm, 1:30-2:30 pm, Thurs: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## SEBA BEACH

### Seba Beach Seniors Golden Age Club

109 1 St S  
Seba Beach AB, T0E 2B0  
Phone: (780) 797-3087

Hours: Tues, Wed, Sat: 10:00 am-3:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation •Other

## SEXSMITH

### Sexsmith & District Seniors Association

9702 97 Ave  
Sexsmith AB, T0H 3C0  
Phone: (780) 568-4513

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation ●Transportation

## SHERWOOD PARK

### Sherwood Park 55 Plus Club

50A Spruce Ave  
Sherwood Park AB, T8A 2G1  
Phone: (780) 467-8389  
Fax: (780) 467-8389  
Email: office@55plusclub.ca  
Website: www.55plusclub.ca

Hours: Mon-Fri: 9:30 am-4:00 pm; Mon,  
Wed, Thurs, Sat: 6:30-10:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Information ●Recreation

## SLAVE LAKE

### Slave Lake Pioneers

PO Box 947  
Slave Lake AB, T0G 2A0  
Phone: (780) 849-5117

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Outreach ●Recreation

## SMITH

### Smith Half Century Plus Association

610 9 St  
Smith AB, T0G 2B0  
Phone: (780) 829-3773

Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Outreach ●Recreation  
●Transportation

## SMOKY LAKE

### Senior Citizens Club Drop-In Centre

124 White Earth St  
Smoky Lake AB, T0A 3C0  
Phone: (780) 656-3552

Hours: Mon-Fri: 9:00 am-5:00 pm  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation

## SPIRIT RIVER

### Happy Hour Club

5015 47 Ave  
Spirit River AB, T0H 3G0  
Phone: (780) 864-0232  
Email: ewdaly@telusplanet.net

Hours: Tues, Thurs, Sat  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation •Transportation

## SPRUCE GROVE

### Spruce Grove Golden Age Club

301 Jespersen Ave  
Spruce Grove AB, T7X 3A4  
Phone: (780) 962-5020

Minimum Age: 55  
Annual Membership Fee: \$30.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Health •Recreation

## ST. ALBERT

### St Albert Senior Citizens' Club

7 Tache St  
St. Albert AB, T8N 2S3  
Phone: (780) 459-0433  
Fax: (780) 459-9588  
Email: info@stalbertseniorsclub.org  
Website: www.stalbertseniorsclub.org

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$47.50  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation

## ST. ISIDORE

### Club du Bon Temps

PO Box 1105  
St. Isidore AB, T0H 3B0  
Phone: (780) 624-8370

Hours: Wed, Sat  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation •Transportation

## ST. PAUL

### Centennial Senior Citizen Opportunity Club

5114 49 St  
St. Paul AB, T0A 3A2  
Phone: (780) 645-2929

Hours: 1:00-4:00 pm, 4 days a week  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

### St Paul Senior Citizen's Club

4809 47 St  
St. Paul AB, T0A 3A3  
Phone: (780) 645-5566

Hours: 8:30 am-4:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation •Transportation

## STANDARD

### Standard Seniors Young At Heart Club

PO Box 327  
Standard AB, T0J 3G0  
Phone: (403) 644-2129

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

## STAVELY

### Stavely Golden Age Center

5026 50 Ave  
Stavely AB, T0L 1Z0  
Phone: (403) 549-3933

Hours: Mon-Fri: 1:00-5:00 pm  
Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

## STETTLER

### Stettler & District Senior Citizens Drop-In Centre

5009 48 St  
Stettler AB, T0C 2L0  
Phone: (403) 742-6556

Hours: Daily  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

## STONY PLAIN

### Koinonia New Horizons Seniors Club

17 Hendrie Dr  
Stony Plain AB, T7Z 2S5  
Phone: (780) 963-6840  
Fax: (780) 963-6803

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

### Senior Citizens Society of Stony Plain

5018 51 Ave  
Stony Plain AB, T7Z 1C2  
Phone: (780) 963-4707

Hours: 8:30-11:00 am, 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

## STROME

### Strome Senior Centre

5120 50 St  
Strome AB, T0B 4H0  
Phone: (780) 376-3571

Hours: 6:00-11:00 am  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation

## SUNDRE

### Greenwood Neighborhood Place

5-310 Centre St N  
Sundre AB, T0M 1X0  
Phone: (403) 638-1011  
Fax: (403) 638-1012  
Email: gnplace@telusplanet.net

Hours: Mon: 10:00 am-4:00 pm, Tues-  
Thurs: 8:30 am-4:00 pm, Fri: 10:00 am-  
4:00 pm  
Membership Fee: \$.00

Services: •Assistance •Health •Information •Outreach

### Sundre West Country Centre

4-101 2 Ave NW  
Sundre AB, T0M 1X0  
Phone: (403) 638-3298

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

## SYLVAN LAKE

### Sylvan Lake Seniors Association

4908 50 Ave  
Sylvan Lake AB, T4S 1C9  
Phone: (403) 887-5490

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach  
•Recreation •Transportation

## TABER

### Parkside Manor of Taber

4830 50 Ave  
Taber AB, T1G 1H1  
Phone: (403) 223-4247

Hours: Mon-Sat: 9:00 am-5:00 pm  
Annual Membership Fee: \$10.00

Services: •Facility Rentals •Food •Health •Recreation

## TEES

### Tees 50+ Club

Railway Ave and McNabb St  
Tees AB, T0C 2N0  
Phone: (403) 782-7417

Hours: Tues: 12:00-4:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

## THORHILD

### Thorhild Golden Age Drop In Center

702 2 St  
Thorhild AB, T0A 3J0  
Phone: (780) 398-3530  
Email: spkolach@moderndigital.net

Hours: 10:00 am-3:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: ●Computer ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation

## THORSBY

### Thorsby Senior Citizens Club 55+

4812 51 St  
Thorsby AB, T0C 2P0  
Phone: (780) 789-0131  
Email: kae@persona.ca

Hours: Mon, Wed: 1:00-4:00 pm, Thurs,  
Fri: 6:00-10:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach  
●Recreation ●Transportation

## THREE HILLS

### Seniors Outreach

499 3 Ave SE  
Three Hills AB, T0M 2A0  
Phone: (403) 443-2555  
Fax: (403) 443-7755  
Email: seniorso@telus.net  
Website: www.3hillsoutreach.com

Hours: Mon-Fri: 10:00 am-12:00 pm  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Information ●Outreach ●Recreation  
●Transportation

## TOFIELD

### Tofield Golden Club

5004 54 Ave  
Tofield AB, T0B 4J0  
Phone: (780) 662-3029  
Email: kayned@telus.net

Hours: Mon-Sat: 8:00-11:00 am  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Outreach ●Recreation

## TROCHU

### Trochu & District Senior Citizens Association

311 Main St  
Trochu AB, T0M 2C0  
Phone: (403) 442-3972  
Email: donnpri@persona.ca

Hours: 9:00-11:30 am, 2:00-4:30 pm  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

## TURNER VALLEY

### Valley Neighbour's Club

133 Sunset Blvd  
Turner Valley AB, T0L 2A0  
Phone: (403) 933-4445

Minimum Age: 18  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation  
•Transportation

## TWO HILLS

### Two Hills Senior Citizens Centre

4903 47 Ave  
Two Hills AB, T0B 4K0  
Phone: (780) 657-2922  
Email: ethel\_a@telusplanet.net

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

## VAUXHALL

### Vauxhall & District Senior Citizens Club

PO Box 751  
Vauxhall AB, T0K 2K0  
Phone: (403) 654-2763

Hours: Mon-Fri  
Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Food •Health •Recreation

## VIKING

### Viking Senior Citizens' Club

5024 53 Ave  
Viking AB, T0B 4N0  
Phone: (780) 336-2152  
Fax: (780) 336-4725

Minimum Age: 40  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## VULCAN

### Vulcan Senior Citizens Centre

303 Centre St  
Vulcan AB, T0L 2B0  
Phone: (403) 485-2723  
Fax: (403) 485-2723  
Email: vscc@telus.net

Hours: Mon-Sat: 9:00 am-12:00 pm, 1:00-5:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$25.00  
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

## WABAMUN

### Wabamun and District Seniors Centre

5133 51 Ave  
Wabamun AB, T0E 2K0  
Phone: (780) 892-3026  
Email: jackdlatham@aol.com

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation •Transportation •Other

## WANDERING RIVER

### Wandering River Seniors Drop-In Center

5016 53 St  
Wandering River AB, T0A 3M0  
Phone: (780) 771-3733

Hours: Mon-Fri: 9:30 am-12:00 pm  
Minimum Age: 45  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information  
•Outreach •Recreation

## WANHAM

### Birch Hills Seniors Centre

Main St and 2 St S  
Wanham AB, T0H 3P0  
Phone: (780) 694-3944

Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

## WARBURG

### Warburg Senior's Centre

Main St  
Warburg AB, T0C 2T0  
Phone: (780) 848-2402

Minimum Age: 55  
Annual Membership Fee: \$15.00

Services: •Facility Rentals •Food •Information •Outreach •Recreation •Transportation

## WARNER

### Warner Seniors Citizens Drop In Centre

103 3 Ave  
Warner AB, T0K 2L0  
Phone: (403) 642-3939

Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Assistance •Food •Health •Recreation

## WEMBLEY

### Silver & Gold Pioneer Club

9816 101 St  
Wembley AB, T0H 3S0  
Phone: (780) 766-2444  
Email: aldred01@telus.net

Hours: Mon-Fri: 9:00 am-12:00 pm, Tues:  
1:00-4:00 pm, Fri: 7:00-10:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation  
•Other

## WESTLOCK

### Linaria Senior Citizens Association

RR 1  
Westlock AB, T7P 2N9  
Phone: (780) 349-2549

Minimum Age: 50  
Annual Membership Fee: \$1.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

## WESTLOCK

### Westlock Golden Age Club

10248 105 St  
Westlock AB, T7P 1W1  
Phone: (780) 349-4100  
Email: gnthomas@telusplanet.net

Hours: 1:00-4:00 pm  
Minimum Age: 55  
Annual Membership Fee: \$10.00  
Wheelchair Accessible

Services: •Outreach •Recreation

## WETASKIWIN

### Wetaskiwin Senior Citizens Society

5216 54 St  
Wetaskiwin AB, T9A 2X1  
Phone: (780) 352-4646  
Fax: (780) 352-8225  
Email: wscs@incentre.net

Hours: Mon-Fri: 8:30 am-4:30 pm  
Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach  
•Recreation

## WHITECOURT

### Whitecourt Seniors Circle

5212 50 St  
Whitecourt AB, T7S 1P6  
Phone: (780) 778-4950

Minimum Age: 50  
Annual Membership Fee: \$15.00  
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Recreation

## WORSLEY

### Worsley Pioneer Club

417 Jubilee St  
Worsley AB, T0H 3W0  
Phone: (780) 685-2078

Hours: Wed: 1:00-4:00 pm  
Minimum Age: 50  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

**YOUNGSTOWN**

**Youngstown 50 Plus Club**

218 Main St  
Youngstown AB, T0J 3P0  
Phone: (403) 779-3411

Minimum Age: 55  
Annual Membership Fee: \$5.00  
Wheelchair Accessible

Services: ●Food ●Recreation

[www.seniors.alberta.ca](http://www.seniors.alberta.ca)

**Directory of Seniors' Centres in Alberta**  
Alberta Seniors and Community Supports  
PO Box 3100  
Edmonton, Alberta T5J 4W3

**Alberta Seniors Information Line**  
Toll-free: 1-800-642-3853  
Edmonton area: 780-427-7876

Deaf or hard of hearing with TDD/TTY units  
please call 1-800-232-7215 or  
Edmonton area: 780-427-9999

**Government  
of Alberta ■**