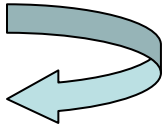


Client Centered

OUTCOMES

Why and how
they are created and written

Why write Client Centered Outcomes?

- Goal of the entire seating process is for the client to be satisfied with his/her seating and positioning. 
- Therefore, the outcomes the client expects, or wants, to attain are key to the process being successful.
- The entire Seating Team must understand what these expected outcomes are.

Outcomes

- The outcomes must be worded to clearly reflect what the client wants, in words that the client, and team, understand.
- Following up with the client to check on the attainment of these outcomes **measures, or tracks, the success** of the intervention.

Writing Client-Centered Outcomes

- Focus on the client's needs
- Ask the client simple questions
 - “What do you want to be able to do when you have the new seating?”
 - “What do you hope will be better with this new seating?”
- Let the client come up with the outcome
- Use language the client and caregiver understand
 - e.g avoid technical terms/jargon

Outcomes

- Negotiation may need to occur with the client until agreement is reached between the client and the team.
 - We may have to let the client make a decision that we don't totally agree with.
 - We need to share our professional knowledge and allow the client to make an informed decision about his/her desired seating outcomes.
 - We should document in the chart what the team disagrees with and the information the team shared with the client.

Establishing Outcomes:

“Who will do what under what circumstances”

- Who the outcome is about
- What the intent is of the outcome
- What the purpose is of the outcome
- E.g. John will be able to wheel independently to the dining room and back so he can attend meals.

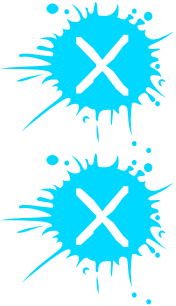
Outcomes

- Include a baseline condition so the client will be reminded what the starting point was.
 - Expected Outcome:
 - John will be able to wheel independently to the dining room and back so he can attend meals.
 - Baseline:
 - Currently, John is sliding forward and can not foot propel independently to the dining room.





- Avoid “Planning” statements

The O.T. will assess cushions to enable foot propelling.

A wheelchair will be ordered.



Remember – “Who will do what under what circumstances”

-  Jane needs a power chair and cushion.
-  Lateral supports are needed for safety.
-  John will sit in his chair to attend school without needing repositioning more than once a day.
Currently he needs his butt pulled back once an hour. If his butt is forward, his head falls forward.
-  Mrs. G. will be able to transfer the system between both chairs without back pain.

Is the following Outcome appropriately written?

1. Mr. P. will not lean over.



Mr. P. will **not lean over**.

- Lean sideways? Forwards?

- Under what circumstances?



Mr. P. will not fall to the sides in his wheelchair. Currently he falls to either side within 10 minutes of sitting.

Is the following Outcome appropriately written?

2. Jim will not have a reddened area over the coccyx, after 2 hours of sitting in his chair.




Jim will not have a reddened area over the coccyx, after 2 hours of sitting in his chair. Currently coccyx is red after 15 minutes.

Is the following Outcome appropriately written?


3. Betty will sit up straight while sitting in her power wheelchair.

- Does 'sit up straight' mean not leaning sideways, not slouching forward, or both?
- Why does Betty need to sit up straighter – function, comfort, appearance?

 Betty will sit up straight while sitting in her power wheelchair. Currently, she falls forward when eating.

Is the following Outcome appropriately written?

4. Kim's mother will be able to remove the insert from the wheelchair more easily. Now, it takes 10 minutes to put the insert in the car trunk.

 Kim's mother will be able to remove the insert from the wheelchair more easily. Now, it takes 10 minutes to put the insert in the car trunk.

Outcomes Sum-up:

- The goal of the entire seating process is for the client to be satisfied with his/her seating and positioning.
- Therefore, documenting the outcomes the client expects, or wants, to attain is important.
- Evaluating the attainment of the outcomes is key to the seating intervention being successful.